

Wilsonian Sailing Club



Operating procedure for Dinghy Sailing Briefing

Scope

Wilsonian Sailing Club is a Royal Yachting Association (RYA) Recognised Training Centre, it provides activities that it has been certificated to provide by the RYA.

These include:

- Dinghy Level 1 – Start Sailing
- Dinghy Level 2 – Basic Skills
- Dinghy Level 3 – Better Sailing
- Dinghy Day Sailing
- Dinghy Start Racing
- Dinghy Seamanship Skills
- Dinghy Sailing with Spinnakers
- Youth Sailing Scheme – Start Sailing Stage 1
- Youth Sailing Scheme – Start Sailing Stage 2
- Youth Sailing Scheme – Start Sailing Stage 3
- Youth Sailing Scheme – Start Sailing Stage 4
- Race coaching**
- Start Racing**
- Club Racing (Intermediate)**
- Regional Racing (Advanced)**
- *not currently offered*

The briefing of students and Instructors

1. The Senior Instructor will brief and allocate duties to the instructors prior to the student briefing. This will ensure all instructors work as a team.
2. On arrival at Wilsonian Sailing Club the students shall be briefed on the day's activity. All of the points below must be followed and relayed to the students.
 - a) Identify the course leader
 - b) Identify non swimmers or swimmers lacking confidence
 - c) Facilities at Wilsonian Sailing club
 - i. Changing facilities (male, female, family and external toilet)
 - ii. Drinking facilities
 - iii. Food areas.

d) Safety

- I. Wearing of buoyancy aids
- II. Footwear
- III. Adequate clothing
- IV. Danger of tripping in the dinghy park
- V. Slipway hazards
- VI. Correct method of handling of boats (sailing and power)
- VII. Other slipway and footpath users (do not leave trip hazards where members of the public could be injured)
- VIII. All to wash hands prior to eating or drinking on the shore
- IX. Danger of vehicles accessing the club facilities especially on the lower track.

e) On the Water

- I. Stay with the boat in the event of a capsize
- II. No water fights or splashing.
- III. No swimming unless capsized to maintain a hold on the boat
- IV. Keep clear of other boats while sailing
- V. Identify sailing area

Referred documents

SOP Dinghy sailing

Health and safety Policy

Risk assessments WSC 01, WSC 02, WSC 03, WSC 04, WSC 05